

NEW YEAR, NEW YOU

Create Your Best Year Yet

Saturday, Jan 29, 2011 * San Francisco, CA * 10 am–4:30 pm

Forget resolutions!

They just don't work. How many times have you resolved to lose weight, start an exercise program, keep your finances in check, begin a new career, or find the love of your life? The problem is that most goals activate the mind only.



Intention is the powerful choice you are seeking. By activating your heart power through integrating your body, emotions, mind and spirit, more power than ever goes into the results you want to manifest. Dr. Brenda will show you how to get clear on what you want!

Science shows that the focused energy of intention changes the present, the future, and even the probabilities of events that happened in the past.

You will ...

- Create a Vision Board, a powerful blueprint for the intention you create
- Transform your intentions into an unstoppable flow of light and energy
- Harness the power of your body, emotions, mind and spirit
- Identify and activate your highest purpose
- Get necessary support to stay on track throughout the year



Dr. Brenda

You've seen her on Oprah, The Today Show, CNN, Good Morning America, Essence Magazine and much more...

New Year, New You: \$195

To register: love@docwade.com, 415-775-4866